

BALA SIGNATURE DISHES

Shatkora Bhuna Chicken or Lamb £12.95 »

Bala's own recipe with fresh garlic, coriander, spring onions & a wedge of Bangladeshi shatkora (citrus fruit)

Chicken or Lamb Panir Kufta £12.95 »

Chicken or Welsh lamb slow cooked with meatballs and panir (cheese)

Acheri Chicken or Lamb £12.95 »

Cooked with aromatic mango pickle. Distinct flavour

Naga Chicken or Lamb £12.95 »»»

Cooked with extremely hot naga chillies from Bangladesh. Very fresh flavour and aroma

Nawabi Chicken or Lamb £12.95 »

Served with large pieces of meat cooked with spring onion, garlic, ginger and yoghurt to give a sour taste

Tandoori Cocktail £12.95 »

Lamb tikka, chicken tikka & sheek kebab stewed in yoghurt and cocktail sauce

Chicken Rezella £12.95 »»»

Medium hot dish served with tandoori chicken of the bone & minced meat

Silsila Chicken or Lamb £12.95 »»»

Cooked with onions, fresh garlic & ginger, mango chutney in a medium spicy sauce

Alongbahri Special £12.95 »

Strips of marinated chicken briskly fried with sliced green peppers & stewed in a medium sauce

Royal Tikka Bhuna £14.95 »

Chicken tikka, lamb tikka & king prawn cooked Sheek Kebab with whole spices - bay leaf, cardamoms & cinnamon in Bala special sauce

Chingri Jhul Karahi £14.95 »»»

Tiger King prawns cooked marinated and slow cooked with capsicum in Bala's own special herb sauce with green chillies

Goan Chicken £12.95 »

Strips of marinated chicken tikka briskly fried with grated coconut and stewed in Bala's own tomato ketchup

Welsh Lamb Special £12.95 »

Tender pieces of Welsh lamb slow cooked with spinach & topped with local cheese.

Shader Lau £12.95 »

Bangladeshi favourite. Chicken or lamb stewed with Bangladeshi lau (sweet pumpkin) giving the dish a rich medium sauce.

CHEF'S RECOMMENDATION

Bala Spice Tandoori Special » £12.95

(Speciality) Chicken tikka, lamb tikka & king prawn cooked in a special sauce.

Chicken Makhani » £9.95

Diced chicken barbecued & tossed in butter with yoghurt, fresh cream & mango pulp creating an exotic sauce, garnished with cheese.

Chicken Pasanda » £9.95

Chicken pieces, cooked in fresh cream, Bala own fruit sauce, mild spices & sour yoghurt to give a light and mild flavour.

Lamb Pasanda » £10.95

As above but with tender Welsh lamb.

Garlic Chicken » £9.95

Pieces of chicken tikka cooked with fresh garlic, Bala spices and fresh herbs.

Garlic Chilli Chicken » £9.95

Cooked similar to the garlic dish above, but with chopped fresh green chillies.

Dheli Korahi » £10.95

Chicken cooked in garlic, fresh green chillies, green & red peppers & fresh tomatoes.

Butter Chicken » £9.95

Pieces of chicken tikka cooked in a buttery creamy sauce & mild spices.

Jinga King Prawn » £14.95

Tiger King prawns cooked with courgette, garlic, fresh green chillies and coriander.

Tandoori Chicken Malagata » £10.95

Cooked with tandoori chicken on the bone. Medium hot & spicy.

Banana Chicken » £9.95

Fine grated coconut, fresh banana & fresh cream gives it a mild spice dish.

Welsh Lamb Karahi » £12.95

Fresh Welsh lamb, served in a special sauce of green peppers, tomatoes & chunky onions with fresh coriander.

Chicken Chat » £9.95

Chicken cooked with lemon juice with chat massala

South indian Garlic Chilli Chicken » £10.95

Chicken cooked in fresh cloves of garlic, tomatoes garnished with coriander & topped with crushed red chillies.

BALA SIZZLING SPECIALS

These dishes are cooked to individual requirements & served on a hot sizzling platter giving it a unique flavour. Most dishes can be served at an additional cost on the sizzling platter.

Sizzling Bala £12.95

Strips of chicken or Welsh lamb, stir fried in a tomato sauce

Sizzling Handi £12.95

Chicken or Welsh lamb cooked with fresh garlic, onion, peppers & bullet chillies in a thick sauce

Sizzling Chingri £14.95

Fresh garlic, ginger & spring onions are added with fresh coriander to make this tiger king prawn dish rich in flavour

Sizzling Zamela £12.95

Tandoor cooked chicken stripped off the bone, cooked in a Bangladeshi homemade mango pickle and crushed methi leaves

Sizzling Keema £12.95

Minced meat cooked with peas, fresh & dried herbs with fresh green chillies

Sizzling Balti £12.95

Traditional balti dishes cooked and served on the sizzling platter

Sizzling Mix £13.95

Chicken tikka, Welsh lamb tikka & seek kebab cooked with bay leaves, cardamom, cinnamon & a special blend of Bala's own spices

Sizzling Welsh Lamb £14.95

Rich dish with local Welsh lamb, locally sourced potatoes, slow cooked with onions, herbs & fresh cream. Topped with a delicate Welsh cheddar cheese

TANDOORI CUISINE »

Tandoori dishes are marinated in yoghurt, fresh herbs and the finest of Bala Spices and slowly cooked in the Tandoor

Tandoori King Prawn	£13.95
King prawns marinated in special spices and grilled in the tandoor.	
Tandoori Mixed Grill	£11.95
Chicken tikka, lamb tikka, tandoori chicken, sheek kebab. served with nan bread, salad mint sauce.	
Tandoori Chicken	£9.95
Chicken marinated and barbecued in tandoor. Half on the bone.	
Chicken Tikka or Lamb Tikka	£9.95
Marinated diced chicken/lamb roasted on skewers in the tandoor.	
Chicken Tikka or Lamb Tikka Shaslik	£10.95
Marinated with herbs & spices, skewered with onions, green peppers and tomatoes and grilled in tandoor.	

BALTI DISHES »

Cooked with onions, fresh garlic, ginger, peppers, tomatoes and fresh coriander in a rich sauce.

Chicken Balti	£9.95
Welsh Lamb Balti	£10.95
King Prawn Balti	£13.95
Chicken & Mushroom Balti	£10.95
Vegetable Balti	£8.95
Chicken Tikka or Welsh Lamb Tikka Balti	£10.95
Welsh Lamb & Sag Balti	£10.95
Prawn & Mushroom Balti	£10.95
Garlic Chilli Chicken Balti	£10.95
Special Mixed Balti Chicken Tikka, Lamb Tikka & Sheek Kebab	£12.95

FISH DISHES »

Fish is an integral part of Bangladeshi cuisine, & fangash is one of the nations favourite. Fillet of fangash delicately cooked to a medium strength but can be spiced slightly up to bring out the best of the dishes.

Fangash Bhuna	£12.95
Medium spiced fish cooked with coriander, tomato & fresh herbs.	
Fangash Rogan Medium spiced curry topped with sauteed tomatoes	£12.95
Fangash Shorisha Bata	£12.95
Medium spiced dish cooked with mustard seeds & mustard oil.	
Fangash Aloo	£12.95
Potato added to a spicy sauce with fangash fish fresh coriander.	
Fangash Shatkora	£12.95
Bala's own recipe with fresh garlic coriander, spring onions & a wedge of Bangladeshi shatkora (citrus fruit).	

MASSALA DISHES

Meat marinated in massala sauce, cooked in tandoor,
& Balas in a rich creamy sauce of mild spices.

Chicken Tikka Massala	£9.95
Lamb Tikka Massala	£10.50
Tandoori King Prawn Massala	£13.95
Tandoori Chicken Massala	£9.95
Prawn Massala	£9.95
Tandoori Mix Massala	£12.95
Chicken Tikka, Welsh lamb tikka & sheek kebab.	
Mixed Vegetable Massala	£7.95

TRADITIONAL DISHES

Korma)	Sweet & creamy with a fruity sauce. Cooked with coconut to create a mild dish.
Malaya)	A mild dish cooked with pineapple & mild spices in a fruity coconut sauce
Curry))	A light mixture of spices to create this medium sauce to suit you.
Bhuna))	A tasty dish cooked with sliced onions & spices in a thick sauce.
Dhansak))	A very well made sweet & sour dish, with lentils & pineapple.
Dupiaza))	Onions & spices to produce a rich sauce
Rogan Josh))	Cooked with methi, green peppers, fried tomatoes & onions
Pathia))	Hot sweet & sour, cooked with herbs & spices.
Madras)))	A rich sauce of ground chillies and fresh coriander.
Vindaloo))))	Similar to the madras but with greater use of ground chillies.
Ceylon)))	Cooked with coconut & fresh lemon.
Jalfrezi)))	Cooked with onions, fresh green chillies & fresh coriander.
Sagwala))	Spinach cooked with fresh ground spices & herbs.
Chilli Massala))))	A delightful Indian dish cooked with green chillies, tomato and flavoured with rich spices.

Chicken	£8.95
Chicken Tikka	£9.95
Welsh Lamb	£9.95
Welsh Lamb Tikka	£10.95
Prawn	£8.95
King Prawn	£12.95
Mixed Vegetable	£7.95
Special Tandoori Mixed (Chicken tikka, Lamb tikka & Sheek kebab)	£12.95

BIRIYANI DISHES »

Fragranced pure basmati rice cooked with saffron and pure Indian butter and delicate whole spices that gives this dish an aroma that makes this a firm favourite within the Indian household. Served with a vegetable curry.

Chicken Biryani	£9.95
Welsh Lamb Biryani	£10.95
Prawn Biryani	£9.95
King Prawn	£12.95
Chicken Tikka Biryani	£9.95
Welsh Lamb Tikka Biryani	£10.95
Mixed Vegetable Biryani	£7.95
Tandoori Chicken Biryani	£9.95
Malayan Chicken (pineapple)	£9.95
Nawabi Mixed Biryani (chicken tikka, Welsh lamb tikka, Omelette & prawns)	£12.95

RICE

Plain Rice	£2.55
Basmati Pilau Rice	£2.95
Mushroom Pilau	£3.95
Keema Pilau	£3.95
Special Pilau	£3.95
Garlic Pilau	£3.95
Egg Pilau	£3.95
Lemon Pilau	£3.95
Onion Pilau	£3.95
Vegetable Pilau	£3.95

ENGLISH DISHES

Served with fresh salad.

Fried Chicken & Chips	£8.95
Chicken Omelette & Chips	£8.95
Prawn Omelette & Chips	£8.95
Mushroom Omelette & Chips	£8.95
Plain Omelette & Chips	£8.95
Chicken nugget & Chips	£8.95
Fish Finger & Chips	£8.95
Plain Chips	£2.50

SIDE DISHES »

Side dishes are a great accompaniment to any main course and always found in an Indian household, usually a vegetarian dish, of dry consistency and medium in strength.

Mixed Vegetable Curry	£4.25
Mixed Vegetable Bhaji	£4.25
Gujrati Shabzi	£4.25
Saag Bhaji (spinach)	£4.25
Mushroom Bhaji	£4.25
Cauliflower Bhaji	£4.25
Sag Paneer (spinach & cheese)	£4.25
Motor Paneer (peas & cheese)	£4.25
Aloo Gobi (potato and cauliflower)	£4.25
Bombay Aloo	£4.25
Shabji Dall (vegetables in lentils with fresh lemon)	£4.25
Tarkha Dall	£4.25
Sag Aloo	£4.25
Chana Bhuna (chick peas)	£4.25
Vegetable Samba (sweet & sour with lentils)	£4.25
Aloo Motor Chilli (Potatoes, Peas & Chilli)	£4.25
Curry Sauce (choice)	£4.25
Green Salad	£3.75
Raita (yogurt with cucumber or onions)	£3.75

NAN BREAD

Plain Nan	£2.55
Tikka Nan	£2.95
Peshwary Nan (Sultana & honey)	£2.95
Keema Nan (Minced Meat)	£2.95
Garlic Nan (Fresh garlic butter)	£2.95
Vegetable Nan	£2.95
Cheese & Garlic Nan	£2.95
Paratha (Traditional Indian Bread)	£3.25
Vegetable Paratha	£3.95
Chapati	£1.75

SET MEAL

Set Meal A for one person only - £15.95

Vegetarian

Starter: Popadum, Mint Sauce
Onion Salad, Onion Bhaji

Main: Vegetable Balti

Side: Pilau Rice, Nan

Bala Spice
Restaurant & Takeaway

Set Meal B for one person only - £18.95

Starter: Popadum, Mint Sauce
Onion Salad, Chicken Tikka

Main: Chicken Bhuna

Side: Pilau Rice, Nan

Bala Spice
Restaurant & Takeaway

Set Meal for two person only - £40.95

Starter: Popadum, Mint Sauce, Onion Salad
Chicken Tikka, Onion Bhaji

Main: Chicken Tikka Massala, Chicken Pathia

Side: Bombay Aloo, Pilau Rice, Garlic Nan

Bala Spice
Restaurant & Takeaway

Set Meal for 4 - £78.95

Starter: Popadum, Mint Sauce, Onion Salad, Chicken Tikka
Onion Bhaji, Tandoori Chicken, Sheek Kebab

Main: Chicken Tikka Massala, Chicken Rogan Josh
Garlic Chilli Chicken, Balti, Welsh Lamb Madras

Side: Mushroom Bhaji, Saag Aloo, Mushroom Pilau
Pilau Rice, Garlic Nan, Peshwary Nan

Set meals cannot be shared by more than the persons stated.
Any changes to dishes will incur a full charge.

SOFT DRINKS & SUICES

	small	large
Coke	£1.95	£2.95
lemonade	£1.95	£2.95
Orange Juice	£1.95	£2.95
Mango Juice	£1.95	£3.50
Pineapple Juice	£1.95	£2.95
Apple Juice	£1.95	£2.95
Lime & Lemonade	£1.95	£2.95
Orange & Lemonade	£1.95	£2.95
Mango & Lemonade	£1.95	£2.95
Tonic Water		£1.75
Soda Water		£1.75
Still Meneral Water		£2.25
Sparkling Meneral Water		£2.75
J20 Orange & Passionfruit		£2.95
J20 Apple & Mango		£2.95
Cordial Orange, Lime, Blackcurrant		£1.50
Plain Lassi		£5.95
Mango Lassi (Cool refreshing yoghurt. Sweet or plain)		£7.95
Red Bull 250ml		£2.25
Schlore Red Grape 750ml		£5.95
Schloer White Grape 750ml		£5.95

HOT BEVERAGES

Tea	£1.75
Lemon Tea	£1.75
Coffee	£1.95
Cream Coffee	£2.75
Bala Spice Tea	£2.95
Hot Chocolate	£1.75

Thank you for your custom. Please call again.

The management would like to notify any offers or deals cannot be used with the set menus.

The management reserves the right to refuse service & can change prices without prior notice.